

Midday Prayers 2024: Transformation – Now! March: Inspiring Women

Monday: Clothed with Strength and Dignity

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.

'The LORD is my rock, my fortress, and my deliverer, my God, my rock, in whom I take refuge,

my shield and the horn of my salvation, my stronghold, my refuge and my Saviour.' 2 Samuel 22:2-3

Living Lord,

Open our ears to hear Your promises and open our eyes to see Your provision. May we pursue Your call, despite obstacles.

May our eyes and hearts be open to recognise and encourage the gifts of others, and may we learn to be content with our weakness as much as we rejoice in your strength.

Encourage us, like Mary, to listen. Inspire us, like Martha, to serve.

Tuesday: In spite of my weakness

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.

'My grace is sufficient for you, for my power is made perfect in weakness.' *2 Corinthians 12:9*

Prayer of personal commitment:

God of Grace,

You are familiar with all my ways and failures.

Here I am, Lord, in all my brokenness and humanity.

I give myself to You.

In Your grace and mercy,

make me useful in Your plan to redeem the world. Amen

Dear Lord,

You created within us a capacity to love and nurture.

You gave us understanding and patience in a troubled world.



Walk beside us, every moment of each day. Guide us, encourage us and lead us, to reflect more and more of your life within our own. Amen

Wednesday: Growing Membership

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.

'Happy are those who hear the joyful call to worship, for they will walk in the light of your presence, LORD.' Psalm 89:14-15 NLT

Almighty Lord, thank you that we are joined together in unity through the love of Christ. Strengthen our bonds of worship and service that together we may share your love with those you bring into our lives.

'First at the cradle and last at the cross.'

Women from every walk of life continue to inspire us.

Whether we are like 'Mary 'or 'Martha',

We pray to be blessed with a prayerful heart
and spirit of hope that brings encouragement and light to others.

Thursday: The Ministry of Reconciliation

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.

'The LORD is my light and my salvation—whom shall I fear?
The LORD is the stronghold of my life—of whom shall I be afraid?' Psalm 27:1

Father, who formed humanity to live in harmony and peace; we acknowledge before you our divisions, hatreds, injustice and greed. May we your people demonstrate before the world the power of the gospel to destroy divisions, so that in Christ Jesus there may be no barriers and that all should come to know you. Everyone a child of God, members with one another and heirs together of your everlasting kingdom.



Friday: Mothers Everywhere

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.

'When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home. ' John 19.25-27

Loving God, we pray for single parents, and those who have unexpectedly found themselves alone with the responsibility of raising a family. May they know Your comfort and your companionship.

A prayer from a mother in Sri Lanka
Lord, we thank you
for your love and compassion to us.
Whenever we face difficult situations in life
you are there to provide us strength
and guidance to overcome them.
Lord, we pray for your presence
through all losses, trauma, and adversity we face in our daily lives.
May your guiding hand be upon us,
may your strength and our faith in your presence
help us to have resilience to face the future.
We pray in Jesus's name. Amen

Uthpala Kalpage, Sri Lanka.

Heavenly Father,
Give us grace in all our family relationships.
May hope be stronger than struggle,
celebrations more frequent than trials,
May kindness prevail over anger,
and may love build bridges.
Keep us safely gathered in the love of Christ
members of your worldwide family

Saturday: Holy Ground

Opening Words: Loving God, we come into your presence in faith and hope. Be with us as we pray and help us to listen to your Word.



'Know that the LORD, he is God!
It is he who made us, and we are his;
we are his people, and the sheep of his pasture.'

Psalm 100
God of creation,
we give thanks for all that you have made.
We see the beauty of our planet that nurtures us.
We hear your word that enlightens us.
We wonder at all you have done for us
And we pray that you will make us better stewards of the environment.

Father, we thank you for the gift of Jesus Christ to be the Way, the Truth and the Life.

As we walk the earth, the holy ground of your creation, as we breathe the air, and drink of the water of life, Show us the way to treasure the living world for all the families of the future.

Wave of Prayer for Mothers' Union

Lord, we pray for Mothers' Union worldwide.

Wave of prayer dates.....

Final Blessing

I bind myself today:
To the power of God to guide me.
To the might of God to uphold me.
To the wisdom of God to teach me.
The eye of God to watch over me.
The ear of God to hear me.
The word of God to speak to me.
The way of God to lie before me.
The host of God to defend me. Amen.

St Patrick