

Transformation – Now! Prayer resource

The Conference Prayer for the “Re-imagining MU” Conference, held in July 2022, is one which can be used in many contexts, as we continue to explore our theme for this triennium – Transformation-Now! These ideas came from members at the July Conference. They can be used for personal and group activities and reflections.

We would love to hear other creative ways in which you use the prayer so please share them with us. faith@mothersunion.org

Transformation-Now! Prayer

**Gracious God,
we put our trust in you.
Give us open hearts and minds
to discern your perfect direction
for our Mothers' Union:**

**Affirm us in your love
that we may be bold to seek your face.**

**Strengthen us with resolve
to embrace new ways with confidence.**

**Unite us in heart and mind
that we may move forward with gladness.**

**Inspire us in our faith
that all things are possible with God.**

**Transform us into a people
empowered by the Spirit, overflowing with hope,
to effectively serve our communities.
Amen**

- Create visual representations of each part and display with the prayer.
- Expand each part of the prayer e.g. – “We put our trust in you – all of us together (not just office-holders)”
“discern your perfect direction for our Mothers' Union within the fold of your Church.”
“embrace new ways with confidence – remembering that your ways are not our ways.”
This could reflect your particular local MU context, or for MU in general.
- Make the prayer more widely available e.g. on cards to give out; as a bookmark.

- Highlight practical action arising from parts of the prayer e.g .
"Help us to talk about you more and to delve into your scriptures purposefully to seek your way forward."
Consider three steps we can take to be bold and step forward: Small, medium, large steps.
- Adapt the wording to appeal to others especially young people.
- Highlight eight words that particularly catch your attention. Write a poem or draw a picture using them as inspiration
- Read the prayer slowly, silently, meditatively, purposefully. Underline or circle three words that most stand out to you. Consider firstly what these three words mean to you personally. Then what they mean for you as a group. If in a group, share your thoughts and consider any change of mindset or practical actions arising from your reflection.
- Highlight the words in the prayer which emphasise God's role and our role. E.g. Affirm us – be bold (see below) Then, personally and as a group, reflect on how God's actions equip us or give us confidence to carry out our part

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God's part Our part