STATIONS OF THE CROSS – A VISUAL MEDITATION THROUGHOUT LENT

The Stations of the Cross, also known as the Way of Sorrows, depict Christ as he carries his cross in the final hours before his death. They are a means of meditating on Christ throughout our time of Lent.	1. Jesus is condemned to death	2. Jesus accepts the cross	3. Jesus falls the first time	4. Jesus meets his Mother	5. Simon Cyrene carries the cross
6. Veronica wipes Jesus' face	7. Jesus falls the second time	8. Jesus meets the women of Jerusalem	9. Jesus falls the third time	10. Jesus is stripped of his garments	11. Crucifixion: Jesus is nailed to the cross
12. Jesus dies on the cross	13. Jesus' body is removed from the cross - Deposition	14. Jesus is laid in the tomb, covered in incense	15. Resurrection of Jesus Christ	Make time for Christ this Lent	Rise with Christ this Easter Mothers I Non Christian care for families